Home Ventilator Supply & Comfort Checklist

For Astral, VHome, Trilogy, VOCSN and similar home ventilator systems

Trouble breathing, or the ventilator stops and you are struggling? Call 911 now. Don't work through this checklist first.

1 Why this helps

Start here: a few minutes to get organized

Home ventilator equipment is easier to live with when the small things are handled before they become big things. This guide isn't about changing how your machine is set — your care team does that. It's about staying organized: knowing what you have, what to replace, what to check, and who to call. If you have a tracheostomy, keep your care team's trach emergency plan with this sheet and follow it — this checklist does not cover trach care.

2 My device information

Fill this in once. Circle your device: Astral 150 VHome Trilogy 100 Trilogy Evo VOCSN Other: _____

My name _____ **Best phone** _____

Device & model _____ **Serial number** _____

DME / supplier _____ **Supplier phone** _____

Doctor / clinic _____ **Clinic phone** _____

Insurance _____ **Next reorder date** _____

Humidifier? Y / N **Monitored (modem)? Y / N** (circle one)

3 My supply tracker

SUPPLY ITEM	MY SCHEDULE*	LAST REPLACED	NEXT DUE
Circuit / tubing			
Mask / interface			
Headgear			
Inlet / air filter			
Bacterial filter (if used)			
Humidifier chamber			
Oxygen adapter / connector			

**Your device's user guide and your DME set the replacement schedule — write it in here. Many ventilator supplies come through your insurance or DME. Use this to notice when something is missing, worn, or uncomfortable, then follow your DME's plan.*

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4 Comfort & fit check

- [ ] Mask feels secure but not painfully tight
- [ ] No strong air leak into my eyes
- [ ] No new red marks, soreness, or skin breakdown (tell my care team if I see any)
- [ ] Headgear is not overstretched
- [ ] Cushion is clean and not worn out
- [ ] Mouth or nose dryness noted for my next visit

5 Power & backup readiness

Battery life differs a lot between devices. Knowing your backup plan before you need it matters most.

- [ ] Power cord in good condition and plugged in
- [ ] Spare circuit / tubing on hand
- [ ] Spare mask cushion or backup mask
- [ ] Electric company told about my life-support equipment (if offered)
- [ ] Emergency contacts written down and easy to find
- [ ] Backup battery charged (use only power sources your device maker approves)
- [ ] Extra filters on hand
- [ ] Humidifier water on hand (the type my manual or care team specifies)
- [ ] My DME knows my backup power plan

6 Before I call my DME

Trouble breathing or in distress? Call 911 now. Don't finish this list first.

If breathing is OK and something about the equipment seems off, run through this list before calling your DME. **Do not change any settings.**

- [ ] Check the power — outlet, cord, and battery
- [ ] Check the tubing / circuit — connected firmly, no cracks
- [ ] Check the mask — seated and not leaking
- [ ] Check the water chamber — level and seated correctly
- [ ] If the device alarms, write down the exact message (below), then call my DME

Date & time _____ **Exact alarm message** _____

What I checked _____ **Who I called** _____

Important: This list helps you prepare and describe what you see. It does not explain what an alarm means. For any breathing problem or emergency, call 911. For equipment questions, call your DME / supplier.

Want reminders when supplies are due?

DuradMedical keeps your devices and supply dates in one place and sends reminders when supplies are due. Start with a free 42-day trial. No card needed.

See plans at duradmedical.com/join

This guide is for organization and education only. It is not medical advice. Do not change ventilator settings, oxygen flow, pressures, modes, alarms, or backup rates unless your physician, respiratory therapist, or licensed medical provider tells you to. For urgent breathing problems, call 911. Device names are trademarks of their owners; DuradMedical is not affiliated with these manufacturers.